

CommFIT

hydrow ROWER



47" (119.38cm)



25" (63.5cm)

Hydrow Rower

Screen

Size/resolution:	22", 1920x1080
Monitor adjustment and pivot:	Adjusts 15 degrees, pivots 25 degrees left & right
Folds upright for storage:	Yes

Delivery and assembly

Assembly:	Under 30 minutes
Delivery:	Free porch or optional professional in-home assembly
Est. time to delivery:	2 - 3 weeks

Measurements

Height & weight capacity:	Up to 375 lbs and 36" inseam
Product footprint:	86"L x 25"W x 47"H, 145 lbs
Stored product:	25"W x 33"D x 86"H
Shipping box and weight:	91"L x 18"W x 33"H, 198 lbs

Hardware

Seat and slide system:	10-roller system for extra smooth operation with ergonomic cushion
Fly wheel:	Virtually silent
Materials:	Aluminum and steel frame with flat anthracite polymer body

Hardware

Speakers:	Amplifier x2 channel, 3W, 8 ohms front-facing
Handle and strap:	Ergonomic design for low-stress grip. High-quality polyester webbing for super smooth and quiet operation
Foot bed adjustment:	Easy adjustment for customized foot placement
Resistance:	Patented electromagnetic drag mechanism: 50-300 with 104 mimicking on the water

Membership

Membership:	Powered by the Hydrow All-Access Membership
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Trial and warranty

Trial:	30-day risk-free trial
Warranty:	1-year home use warranty and optional extended warranty

Connectivity

Internet:	WiFi (10mbps recommended)
Ethernet (optional) Wifi:	802.11 a/b/g/n/ac; 100mbps / RJ45
Bluetooth and ANT+:	ANT+ and Bluetooth 5.0-enabled for heart-rate monitors and audio