

# CommFIT



## LEG CURL / LEG EXTENSION

**HD/HDG-3400**



**LEG EXTENSION**



**LEG CURL**

### FEATURES

- Eight back pad adjustments for varying leg lengths
- Multiple range-of-motion adjustments for both exercises
- Self-aligning roller pad automatically adjusts to reduce potential stress on the ankle joints
- 215 lb weight stack (HD) / 240 lb weight stack (HDG)