

CommFIT



FUNCTIONAL TRAINER

HD-3000



FEATURES

- Space efficient functional trainer featuring convenient corner design and accessory racks
- Dual 200 lb Silent Steel® weight stacks provide a 2:1 ratio (50% resistance)
- 32 pulley positions placed at 2.5" increments
- Five pull-up/chin-up grip options including patented Flip 'N Grip® handles and rock climbing grips
- Integrated step-up assist for easy access to pull-up grips
- Suspension trainer attachment for TRX®** and suspension trainer exercises
- Steel weight shields surround sides and back of weight stacks
- Comes standard with two (2) Strap Handles, Padded Ankle/Thigh Strap, Aluminum Curl Bar, Dual-Attachment Aluminum Long Bar, Dual Attachment Long Strap
- 2-Tier shelf comes standard
- Pulley columns combine full 360 degree rotation, and a unique, patented, Integrated Adjustment System to provide smooth and easy one-handed adjustments

CONVENIENT STEP-UP ASSIST



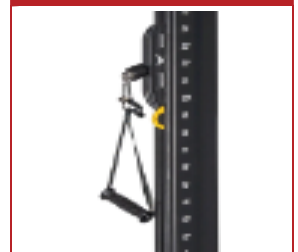
PULL-UP / CHIN-UP GRIPS



2 TIER MEDICINE BALL, KETTLE BELL RACK



NEW 360 ROTATING COLUMNS



SPECIFICATIONS

71.6" (181 cm) x 51.1" (130 cm) x 91.7" (233 cm)

Product Weight: 935 lbs (424 kg)

Weight Stack: 2 x 200 lb weight stack (91 kg)