

CommFIT

CF-BAND-COV-VH



Features:

Available in 6 different resistance levels - Extra-Light through Ultra-Heavy

- 48" tubing with premium padded grips for added comfort
- Portable and lightweight, great for travel and personal trainers
- Allows exercises on multiple planes of movement, targeting more muscles in both upper and lower body
- Contains Latex

Resistance Level	Color	Resistance Range
Extra Light	Orange	4 - 8 lbs.
Light	Lime Green	5 - 13 lbs.
Medium	Red	8 - 16 lbs.
Heavy	Light Blue	11 - 22 lbs.
Extra Heavy	Purple	13 - 27 lbs.
Ultra Heavy	Gray	15 - 31 lbs.