

CommFIT

Nexersys N3 Elite

nexersys™

Details

- The N3 Elite delivers fast-paced and challenging training with both live and 3D-animated coaches. Customize your workouts to fit your needs and progress with you.
- The N3 Head Pads use bilateral movement on the Z & X axes to teach and train Jobs, Crosses, Hooks and Combinations, similar to Mitts rounds with a Personal Trainer.
- The N3 Single Body Pad is designed to represent an anatomically accurate torso. With compression and coil springs to enable movement on 3 axes (X, Y, Z), this new shape and movement teach and train realistic MMA & boxing strikes.

KEY FEATURES

